



Espoirs Culinaires. An Evening of Spanish Flavors

CULINARY ARTS
OTTAWA

Thu, March 06, 2025

Venue

La Cité, 801 Aviation Pkwy, Ottawa, ON
K1K 4B2

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Admission

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More information

[Vanier Community Services Centre](#)

Credits

Hosted by La Cité in Ottawa. In partnership with the Embassy of Spain in Canada, the Honourable Marie-P. Charette-Poulin and La Cité. The Embassy of Spain would like to thank Solfarmers, Carlos Arco, Vicens Vives, LaLiga, Real Federación Española de Fútbol and Atlético Ottawa for their collaboration in this event.



“Espoirs Culinaires” invites guests to savor authentic Spanish cuisine through tasting stations, featuring dishes by culinary students and local chefs, while raising funds for the Vanier Community Services Centre to support local programs for children and families.

Espoirs Culinaires invites guests to explore the richness and authenticity of Spanish cuisine through a series of tasting stations. Participants can savor a selection of traditional dishes, expertly prepared by culinary students and local chefs, all within a vibrant Spanish cultural setting.

AN EVENT TO BENEFIT THE COMMUNITY

All funds raised during this event will be donated to the Vanier Community Services Centre’s programs for children, youth, and parents. These funds will support local initiatives that aim to enhance the quality of life for young people and families in Ottawa’s Vanier district. This is a unique opportunity to celebrate Spanish culinary culture while contributing to an important cause in the local community.

THE VANIER COMMUNITY SERVICES CENTRE (CSV)

The Vanier Community Services Centre is a family hub dedicated to promoting the overall development of children in Vanier and Ottawa. Its goal is to strengthen community belonging and support parents in their vital role as educators. Among its many programs, it offers:

- Early ON Child and Family Centre offers a variety of learning themes, including motor skills, language development, and pre- and post-natal



nutrition. It also provides workshops and training courses for parents and caregivers.

- Thrive Clinic provides developmental and growth monitoring, along with vaccinations, for children aged 0 to 5 who do not have a family doctor.
- Vanier Social Pediatrics supports children in disadvantaged situations by helping them access medical and social services provided by pediatricians, nurses, and social navigators. The team also specializes in social prescriptions for young people.
- The Youth Program provides activities and programming for children and young people in Vanier, many of whom face significant risk factors that limit their opportunities for growth and development. Whether through after-school programs, March break or summer activities, drop-in spaces, or integration and leadership programs for newcomer youth, the youth team enhances the availability of French-language services while energizing community life for young people.
- HIPPY and SMART Programs: The HIPPY (Home Instruction for Parents of Preschool Youngsters) program helps mothers prepare their children for school by enhancing their role as educators. Meanwhile, SMART (Supporting Mothers and Raising Toddlers) fosters parent-child bonding and sensory awareness in toddlers through play and home visits, supporting their overall development.